



# **Code of Ethics and Conduct**

## **Of The**

# **Great Britain Kurling Association**

**Effective 1<sup>st</sup> July 2008**

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# 1. ATHLETES

1. Be a positive role model for Kurling at all times, and accept responsibility for your actions.
2. Participate within the competition conditions and rules, and in the spirit of fair play.
3. Respect opposition players and officials and treat them with proper regard for their rights, obligations and position held in Kurling or the community.
4. Refrain from offensive or abusive language and gestures.
5. Accept victory and defeat with dignity.
6. Comply with Umpire's decisions in a professional manner.
7. Maintain high standards of personal hygiene and appearance.
8. Co-operate with all official requests to promote and market Kurling in a professional manner.
9. Behave with dignity and respect when in public.
10. Refrain from making sexist or racist jokes, jokes about a particular sexual orientation, or jokes about the ability of an athlete, coach or other participant.
11. Refrain from making derogatory or demeaning remarks about any athletes, coaches or participants.
12. Refrain from using profane, insulting, harassing or otherwise offensive language.
13. Refrain from making sexual innuendoes towards any athletes, coaches or participants.
14. Do not tolerate acts of aggression.
15. Players should, avoid intimate relationships with their coach.
16. Perform any duties and responsibilities where you are a representative of The Great Britain Kurling Association in a mature, fair and professional manner.
17. Refrain from engaging in any harassing behaviour.

## 2. COACHES

1. Respect the rights, dignity and worth of every human being regardless of age, gender, ethnic origin, religion or ability. Refrain from any discriminatory practices on the basis of age, gender, religion, ethnic origin or ability of athletes.
2. Endeavour to ensure the athlete's time spent with you is a positive experience. Respect the talent, developmental stage and goals of each individual athlete.
3. Treat each athlete as an individual and help them reach their full potential. Provide training programmes that are planned and sequential and suitable for the age, experience and ability of the athletes.
4. Be fair, considerate and honest with athletes. Be reasonable in your demands on your athletes' time and ensure there is an appropriate balance between sporting involvement, education and career objectives. Implement clear rules for athletes in training and general conduct.
5. Be professional in your appearance and manner and accept responsibility for your actions. Display high standards in language, manner, punctuality, preparation and presentation. Display control, respect, dignity and professionalism to all involved with New Age Kurling (including opponents, coaches, officials, umpires, scorers, administrators, the media, parents, and spectators) and encourage your athletes to demonstrate the same qualities.
6. Make a commitment to provide a quality service to your athletes, local association and the Great Britain Kurling Association, by continually improving your coaching knowledge and skill. Maintain and improve your Coaching accreditation. Seek continual self-improvement through performance appraisal and ongoing education.
7. Operate within the rules and spirit of the sport. Abide by and respect the regulations governing Kurling and sport generally and the organisations and individuals administering those regulations. Reject the use of performance-enhancing drugs in sport and abide by the regulations of the relevant National and International sporting organisations and government regulatory bodies.
8. Ensure physical contact with athletes is appropriate to the situation and necessary for the athlete's skill development. Inappropriate physical contact is a form of sexual harassment.
9. Refrain from any form of personal abuse towards your athletes. This includes verbal, physical and emotional abuse.
10. Refrain from any form of sexual harassment towards your athletes. This includes explicit, implicit, verbal and non-verbal sexual harassment. Refrain from initiating a relationship with an athlete / assistant / administrator and also discourage, in a sensitive manner, an attempt by an athlete / assistant / administrator to initiate a sexual relationship with you.
11. Provide a safe environment for training and competition. Ensure that equipment and facilities meet safety standards and are appropriate for the age and ability of the athletes.
12. Show consideration and caution towards sick and injured athletes. Provide a modified training programme where appropriate. Allow further participation in training and competitions only when appropriate. When necessary, follow the advice of a reputable doctor or physiotherapist when determining when a sick or injured athlete is ready to recommence training or competition.
13. Be a positive role model for your sport and your athletes.

### **3. UMPIRES**

1. Respect the rights, dignity and worth of every human being regardless of age, gender, ethnic origin, religion or ability. Refrain from any discriminatory practices on the basis of age, gender, ethnic origin, religion or ability.
2. Be professional in your appearance and manner and accept responsibility for all actions taken. Display high standards in language, manner, punctuality, preparation and presentation. Display control, respect, dignity and professionalism to all involved with Kurling (including athletes, coaches, officials, scorers, administrators, the media, parents and spectators), and encourage other Umpires to demonstrate the same qualities. Be courteous, respectful and open to discussion and interaction.
3. Make a commitment to providing a quality service to umpiring, by seeking continual improvement of your umpiring knowledge and skill through study, performance appraisal and regular updating of competencies. Maintain and improve your Umpire accreditation.
4. Operate within the rules and spirit of Kurling. Abide by and respect the regulations governing Kurling and sport generally, and the organisations and individuals administering those regulations.
5. Refrain from any form of personal abuse towards athletes. This includes verbal, physical and emotional abuse.
6. Refrain from any form of sexual harassment. This includes explicit, implicit, verbal and non-verbal sexual harassment.
7. Place the safety and welfare of the participants above all else. Ensure that equipment and facilities meet rule requirements and safety standards.
8. Be impartial.
9. Value the individual in sport.
10. Avoid any situation that may lead to a conflict of interest.
11. Show concern and caution towards sick and injured athletes.
12. Encourage exclusivity and access to all areas of umpiring.
13. Be a positive role model for your sport and for umpiring.

## **4. PARENTS**

1. Provide positive support, care and encouragement for children participating in Kurling.
2. Encourage good sportsmanship.
3. Place the emotional and physical well being of children ahead of your personal desire to win.
4. Insist that children play in a safe and healthy environment.
5. Support coaches and officials working with children, in order to encourage a positive experience for all.
6. Demand an environment for Kurling that is free of drugs, tobacco and alcohol.
7. Remember that the game is for children, not adults.
8. Do your utmost to make Kurling fun for children.
9. Ensure children treat other players, coaches and officials with respect.
10. Help children to enjoy their Kurling experience by doing whatever you can to help the programme.
11. Require that a child's coach be trained in the responsibilities of youth Kurling, and that the coach upholds the code of ethics for coaches.